

Senior Services Directory



- 2019 -



Marquette County Aging Services Senior Services Directory

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Introduction

It is the vision of Marquette County Aging Services that all Marquette County Seniors have access to services and volunteer opportunities to serve which enhance and promote the highest quality of life.

We are pleased to present the Senior Services Directory – 6th Edition – for Marquette County Seniors and those who care about them. We are most appreciative of the assistance given to this project from many residents and service providers. This directory is divided into the following main sections, with subcategories:

SUPPORTIVE SERVICES
SENIOR CENTERS
TRANSPORTATION
HOUSING

HEALTH SERVICES
VETERAN SERVICES
LEGAL SERVICES
EMPLOYMENT

THINGS TO DO & PLACES TO GO

With the exception of particular living units, hospitals and home health agencies, the directory does not include for-profit agencies, services or activities. Such listings usually can be found in the Yellow Pages of telephone directories or by referral from senior center staff or physicians' offices. Marquette County Aging Services does not promote or endorse any of the included organizations or services. This directory is for the sole purpose of providing an informative resource for the community.

Any questions about the services described, including handicapped access, should be directed to the contact information listed in each description.

We welcome comments about the directory, suggestions for future editions, notations for changes, and additions of services. For an on-line edition: www.co.marquette.mi.us Click on: Aging Services and scroll down to: Senior Services Directory

Marquette County Aging Services & RSVP
184 US-41 East Negaunee, MI 49866
(906)315-2607
www.co.marquette.mi.us

Supportive Services

Supportive Services

U.P. 211 Call Center

Phone: Dial 211 or 1-800-338-1119

Hours: 24 hours a day, 7 days per week, 365 days a year.

Website: <http://upcap.org/program/u-p-2-1-1-call-center/>

Purpose: To provide accessible, responsive and professional information and assistance to Upper Peninsula citizens and families in need. Trained information and referral specialists available.

Adult Learning Systems

Address: 290 Rublein St., Suite F, Marquette, MI 49855

Hours: M-F 8-4

Phone: (906) 228-7370

Website: <https://www.adultlearningsystems.com>

Purpose: Adult Learning Systems-U.P. is a not for profit agency centered around the idea that every adult has the right to an education and to be a participating member of his or her community.

Alzheimer's Association – Greater Michigan Chapter, Upper Peninsula Office

Address: 309 S. Front Street #233, Marquette, MI 49855

Hours: M-F 8-4:30

Phone: (800) 272-3900

Website: <http://www.alzgm.org>

Purpose: To meet the needs of persons with Alzheimer's disease, their families, caregivers, and health care providers. Services include education, information and assistance, support groups, a toll-free Helpline, emergency respite care funds, a Safe Return program, advocacy and support of research for the prevention, treatment and cure of Alzheimer's disease.

American Red Cross

Address: 104 Coles Dr. E, Marquette, MI 49855

Phone: (906) 228-3659

Website: <http://www.redcross.org/local/michigan>

Purpose: Prevents and alleviates human suffering in emergencies by mobilizing the power of volunteers and the generosity of donors. Turning compassion into action for all people affected by disaster.

Catholic Social Services of Marquette County

Address: 347 Rock Street, Marquette, MI 49855

Hours: M-Th 8:30-5, F-8:30-4

Phone: (906) 227-9119

Website: <https://www.catholiccharitiesusa.org/member/catholic-social-services-of-the-upper-peninsula/> or <http://cssup.org/>

Purpose: Mission is to nurture, stabilize and strengthen the diverse families of the Upper Peninsula community. To provide service to people in need, to advocate for justice in social structures, and to call the entire church and other people of good will to do the same.

Community Action Alger-Marquette (CAAM)

Address: 1125 Commerce Dr, Marquette, MI 49855

Hours: M-F: 8-4:30

Phone: (906) 228-6522

Website: <http://www.communityactionam.org/>

Purpose: Services offered include community nutrition services, meals on wheels, early childhood education and housing services.

Great Lakes Talking Books & Superiorland Library Cooperative

Address: 1615 Presque Isle Ave., Marquette, MI 49855

Hours: M-F 8:30-5:00

Phone: (906) 228-7697 1-800-562-8985

Website: <http://www.greatlaketalkingbooks.org>

Purpose: All Michigan residents who cannot see or read regular print due to a physical disability are eligible to receive free reading material from a statewide network of libraries

Lake Superior Home Care & Hospice

Website: www.LakeSuperiorHospice.org

Purpose: To be the organization of choice with a commitment to provide respected, caring, responsible and compassionate services including:

Adult Day Services

Address: 305 W. Magnetic Street, Marquette, MI 49855
(East end of the Messiah Lutheran Church)

Hours: M-T-W-Th: 11-4

Phone: (906) 225-7760

Purpose: Provides respite support to caregivers and helps people living with memory impairment have a safe, secure, engaging and fun-filled program.

Caregiver Community

Hours: Every 2nd Wednesday of every month

Location: Big Boy Restaurant, Private room, US 41 Marquette

Phone: (906) 225-7760

Purpose: An informal group open to the public for caregivers and their loved ones to socialize, share their experiences, ideas, and learn.

In-Home Respite

Hours: Variable, based on needs and availability

Phone: (906) 225-7760

Purpose: A program designed to give caregivers a break, while providing in-home support and companionship to a loved one.

Lifeline Services

Address: UP Health Systems – Bell, 901 Lakeshore Drive,
Ishpeming 49849

Hours: 7:30-4

Phone: (906) 485-2751 (Volunteer Services Office)

Website: <https://www.bellhospital.org/our-services/other-services/lifeline-home-care>

Purpose: Emergency response system services.

Life Tracker

Address: c/o Retired and Senior Volunteer Program (RSVP)
184 U.S. 41 East, Negaunee, MI 49866

Hours: 8-5

Phone: (906) 315-2607 or (906) 315-2658

Website:

https://www.co.marquette.mi.us/departments/aging_services/docs/Lifetracker2019.4.pdf

Purpose: A rapid-response partnership with law enforcement aiding victims with Alzheimer's, Dementia, Autism or other cognitive deficiencies and their families. A partnership, with RSVP, of 906-County, Marquette County Sheriff's Office, TRIAD and Hiawatha Amateur Radio Association. Wristbands hold a tracking device 24/7 which allows those who wander to be tracked and found quickly.

Little Brothers – Friends of the Elderly

Address: 1716 Presque Isle Avenue Suite 2, Marquette

Phone: (906) 273-2575

Email: april.cote@littlebrothers.org

Website: www.houghton.littlebrothers.org

Purpose: Provides in-home visiting, transportation, coffee klatches and holiday group meals to residents 60 + years.

Lutheran Social Services of Wisconsin and Upper Michigan

Address: 6737 W. Washington St., Suite 2275, West Allis, WI 53214

Phone: (906) 226-7410

Website: <https://www.lsswis.org/LSS.htm>

Purpose: The heart of LSS revolves around improving a community's social needs and practices

Marquette County Aging Services

Address: 184 US 41 East, Negaunee, MI 49866

Hours: M-F 8-5

Phone: (906) 315-2658 or (906) 315-2607

Website: <https://www.co.marquette.mi.us> (Aging Services)

Purpose: Provides millage and grant funding for services to senior citizens in the county, including the four Senior Centers, Marquette Adult Day Services, CAAM's Meals on Wheels program and RSVP's non-emergency medical transportation program.

Retired and Senior Volunteer Program (RSVP)

Address: 184 US-41 East, Negaunee, MI 49866

Hours: M-F 8-5

Phone: (906) 315-2607 or (906) 315-2658

Website: <https://www.co.marquette.mi.us> (Aging Services)

Purpose: To bring life experience of volunteers age 55 and better, and the needs of the community together. Provides support and guidance to those who want to volunteer but may not know where they are most needed. RSVP volunteers are matched according to their interests and skills with over 70 public and non-profit agencies and schools throughout Marquette County.

Room at the Inn

Address: 347 Rock Street, Marquette, MI 49855

Phone: (906) 227-9171

Fax: (906) 228-2469

Website: <http://roomattheinn.org>

Purpose: Marquette's Emergency Homeless Shelter and Warming Center. Offers nighttime shelter, a provided dinner each evening to shelter guests, and a shower facility located in the Warming Center. Room at the Inn also assists with transportation services and referral services to social services agencies in our community

The **Salvation Army** and **St. Vincent de Paul** stores provide a variety of supportive services, including food banks, medication assistance and others, to community residents. See also THIFT STORE section of this directory.

Salvation Army Community Center

Address: 222 East Division Street, Ishpeming, MI 49849

Hours: M-Th 9-3:30

Phone: (906) 486-8121

Salvation Army Family Store and Donation Center

Address: 1009 W. Baraga Avenue, Marquette, MI 49855

Hours: M-F 10-5 Saturday 10-3

Phone: (906) 228-2930

St. Vincent de Paul Societies

Gwinn

Address: 111 N. Pine Street P.O. Box 766, Gwinn, MI 49841

Hours: M-F 9- 4:45 Saturday 10-2:45

Phone: (906) 346-5610

Ishpeming

Address: 322 Cleveland Ave. P.O. Box 2 Ishpeming, MI 49849

Hours: M-F 10-5:45 Saturday 10-3:45

Phone: (906) 486-4237

Donation Hours: M-F 10-4 Saturday 10-3.

Marquette

Address: 2119 Presque Isle, Marquette, MI 49855

Hours: M- Sat. 9:4:45

Phone: (906) 226-3721

Republic

Address: 317 Kloman Ave., P.O. Box 445, Republic, MI 49879

Hours: W through Sat. 10-2

Phone: (906) 376-2276

Superior Alliance for Independent Living (SAIL)

Address: 1200 Wright St., Marquette, MI 49855

Phone: (906) 228-5744 1-800-379-5744

Website: <http://www.upsail.org>.

Purpose: SAIL embodies the independent living philosophy and culture of the IL movement. This emphasizes consumer control; people with disabilities are experts on their own needs, with valuable perspective to contribute and deserving of equal opportunity to decide how to live, work, and take part in their communities.

Triad of Marquette County

Address: 184 U.S. 41 Highway, Negaunee, MI 49866

Hours: M-F 8 - 5

Phone: (906) 315-2607

Email: mharris@mqt.co.org

Purpose: Seniors and Law Enforcement working together. Programs include File of Life, Emergency Preparedness, Just Hang Up, Project Life Tracker, Neighborhood Night Out.

United Way of Marquette County

Address: 1414 W. Fair Ave. #26, Marquette, MI 49855

Hours: M-F: 8:30-5

Phone: (906) 226-8171

Website: <http://www.uwmqt.org>

Purpose: Improves lives by mobilizing the caring power of communities around the world to advance the common good. United Way fights for the health, education and financial stability of every person in every community.

UPCAP Services Inc.

Address: 1025 Commerce Drive B, Marquette, MI 49855

Hours: M-F 7:30-4

Phone: (906) 228-6169

Website: <https://www.upcap.org>

Purpose: to advocate for and provide services to the residents of the Upper Peninsula through the following activities:

- *Serving as the Upper Peninsula Agency on Aging, a regional coordinating body, advocate, and focal point for aging services and resources to senior citizens in the Upper Peninsula of Michigan.*
- *Providing technical assistance and services to public and non-profit bodies, business enterprises and individuals who wish to utilize assistance provided by federal and state programs for human and economic development and by providing assistance to other persons and bodies in activities promoting the development of the region.*
- *Providing technical assistance and services to governmental bodies for the improvement and extension of their services to the public.*
- *Promoting the development of affordable housing opportunities to the citizens of the Upper Peninsula of Michigan.*

Upper Peninsula Health Plan (UPHP)

Address: 853 W Washington St, Marquette, MI 49855

Hours: M-F 8-5

Phone: (906) 225-7500

Website: <https://www.uphp.com>

Purpose: To be an innovative health plan managing the care of their members in the Upper Peninsula guiding them to quality, cost-effective care through our network of providers improving the overall health of the communities they serve.

Women's Center

Address: Marquette: 1310 S. Front St., Marquette, MI 49855

Gwinn: 328 Commando Dr., Gwinn, MI 49841

Munising: 413 Maple St., Munising, MI 49862

Office Hours: M-F 9-5

Phone: During office hours: Marquette: (906) 225-1346

Gwinn: (906) 346-2134

Munising: (906) 387-4554

Emergency Line (when offices are closed): (906) 226-6611 or 1-800-455-6611 or Text 35Needs. **Your call is confidential**

Website: www.wcmqt.org

Purpose: Supports victims/survivors of domestic and sexual violence in Alger and Marquette Counties through programs that Protect, Educate, Advocate, Counsel, and Empower (PEACE). They believe that every individual is entitled to dignity and respect, and that women and men should be treated equally under the law and by society in general.

Harbor House (A Women's Center Service) Marquette MI 49855

Hours: 24/7

Phone: (906) 226-6611

Purpose: Services include; safety planning, personal protection orders, advocacy, individual counseling, support groups, childcare, transportation, information & referrals, housing assistance, financial assistance, resale shop, adult and youth programs as well an employment assistance. Housing for those in unsafe situations.

Senior Centers

Senior Centers

The four senior centers in Marquette County can be the first resource for information, services and referral for seniors. The centers MAY provide the following services:

Homemaker
Case Coordination & Support
Financial Management
Outreach
Health Promotion and Recreation Activities
Senior Meal Site
Information and Assistance
Non-emergency Medical Transportation Referral
Chore Services

Other services may include Health Clinics, Support Groups, Legal Clinics, Tax assistance, Insurance counseling, and loan or referral for in-home equipment.

Contact your local Senior Center for their services and programs

Forsyth Senior Center

Address: 165 N. Maple St, PO Box 668, Gwinn, MI 49841

Phone: (906) 346-9862 **Fax:** (906) 346-5913

E-mail: fsc@forsythtwpmi.org

Areas Served: Gwinn; Townships of Ewing, Forsyth, Sands, Skandia, Turin, Wells and West Branch.

Ishpeming Senior Center

Address: Call for address, Ishpeming, MI 49849

Phone: (906) 485-5527 **Fax:** (906) 485-6519

E-mail: centerdirector@gicoaseniors.org

Website: www.gicoa@seniors.org

Areas Served: Ishpeming; Townships of Champion, Ely, Humboldt, Ishpeming, Michigamme, Republic and Tilden.

Marquette Senior Center

Address: 300 W. Spring St. Marquette, MI 49855

Phone: (906) 228-0456

Email: seniors@marquettemi.gov

Website: www.marquettemi.gov

Areas Served: Marquette; Townships of Chocolay, Marquette, Powell.

Negaunee Senior Center

Address: 410 Jackson Negaunee, MI 49866

Phone: (906) 475-6266

E-mail: negseniorcenter@sbcglobal.net

Areas Served: Negaunee; Townships of Negaunee and Richmond.

Transportation

Transportation

Marq-Tran

Address: 1325 Commerce Drive, Marquette, MI 49855

Phone: 1 (906) 225-1112 **Fax:** 1 (906) 225-0682

E-mail: marqtran@Marq-Tran.com

Purpose: Marq-Tran operates throughout Marquette County 365 days a year. Service is provided with 9 fixed routes Monday-Saturday, door to door services 7 days a week and 2 deviated fixed routes. Senior citizens (60 years or older) ride for half fare. Daily tickets, monthly and quarterly passes are available for purchase at the Marq-Tran station. On Wednesdays all seniors ride for free.

Retired and Senior Volunteer Program Non-Emergency Transportation

Forsyth Phone: (906) 346-9862

Ishpeming Phone: (906) 485-5527

Marquette Phone: (906) 228-0456

Negaunee Phone: (906) 475-6266

Purpose: A volunteer-driven program to provide free non-emergency medical transportation to residents 60+ years of age who do not have other options to help with transport. All Marquette County Senior Centers coordinate these requests with the Retired & Senior Volunteer Program. Rides can be scheduled by calling your local Senior Center which will then contact the RSVP agency to determine if service is available. Sponsored by UPCAP & United Way.

Upper Peninsula Health Plan Transportation Services

Address: 853 W. Washington St., Marquette, MI 49855

Hours: M-F: 8-5 Answering machine is on 24/7

Phone: 1-800-835-2556

Website: <https://www.uphp.com/transportation/>

Purpose: Assistance available for care that is medically necessary using the most cost-effective means of transportation. The UPHP transportation benefit is only available for UPHP covered members. Requests for transportation should be called in as soon as appointments are scheduled.

Housing

Housing

Beacon House

Address: Beacon House is planning a new facility.

Hours: M-F 9-5

Phone: (906) 225-7100

Website: <http://www.upbeaconhouse.org>

Purpose: Beacon House serves as a home away from home for patients and families who travel across the U.P. to receive specialty medical care at U.P. Health System-Marquette and the Upper Peninsula Medical Center. Currently facilitates housing in cooperation with area motels and inns.

There are several apartment housing options for seniors in Marquette County. Contact housing managers for eligibility and income guidelines.

Canda Manor

Address: 711 W. Empire Street, Ishpeming 49849

Hours: M-F 8:30-5

Phone: (906) 485-1686

Website: www.thiestalle.com/properties/canda-manor-ishpeming.html

Purpose: Rent is based on income for those who qualify. Equal Housing Opportunity.

Cherry Creek Village Apartments

Address: 201 Cherry Creek Road, #105, Marquette, MI 49855

Phone: (906) 249-4026

Purpose: Income-based apartments for age 62 and older. Three handicapped-accessible apartments.

Forwood Apartments

Address: 220 W. Iron Street, Gwinn, MI 49841

Hours: M-F 12-4

Phone: (906) 346-3859

Website: www.medallionmgmt.com

Purpose: financed by USDA-RD & rent is based on income for those who qualify. Equal Housing Opportunity. 32 units Barrier Free Units Available

Grandview Apartments

Address: 600 Altamont, Marquette 49855

Hours: M-F 8-4:30

Phone: 1-800-562-9762 Ext. 110

Website: www.grandviewmarquette.com

To apply: www.communityactionam.org

Purpose: Income-based apartment living

Janzen House

Address: 146 W. Spring Street, Marquette, MI 49855

Hours: M-F 8-4

Phone: (906) 226-2271

Website: <https://janzenhouse.com/>

Purpose: Provides transitional housing, and shelter for low income and homeless individuals. With the cooperation of other local agencies, residents are also assisted in securing employment, permanent housing and other services.

Lakeview Apartments

Address: 98 Croix Street, Negaunee, MI, 49866

Hours: M-F 8:30-4:30

Phone: (906) 475-9107

Purpose: 80 rental units comprised of 79 one-bedroom and one 2-bedroom income-based apartments. Five are barrier-free apartments.

Lake Superior Village Family Apartments

Address: 125 Dobson Place, Marquette, MI 49855

Hours: M-Th 10-2 only

Phone: (906) 225-1900 Ext. 12

Purpose: Offers 114 income-based family townhomes in the City of Marquette. A family welcoming community filled with opportunity for family activities, growth and camaraderie. 2, 3 & 4-bedroom townhomes.

Lost Creek Apartments and Town Homes

Address: 200 Lost Creek Dr., Marquette, MI 49855

Hours: M-F 10-3

Phone: (906) 226-2035

Website: <https://communityactionam.org/housing-and-utilities>

Purpose: Senior living community. 151 apartments and townhomes on 27 acres. Two-thirds are income-based units and 1/3 are rented at market rate.

Oakwood Village Apartments

Address: 580 Cox Avenue, Marquette, MI 49855

Hours: T 8:30-4:30 & Th 12:30-4:30

Phone: (906) 226-8140

Purpose: A HUD-subsidized apartment community offering affordable, independent living for persons aged 62 and older.

Pine Ridge Apartments

Address: 316 Pine Street., Marquette, MI 49855

Hours: M-F 8-4:30

Phone: (906) 226-7559

Website: <https://mqthc.org/pine-ridge-apartments/>

Purpose: Income-based housing following application process

Pioneer Bluff Apartments

Address: 111 Bluff St., Ishpeming, MI 49849

Hours: M-F 8-5

Phone: (906) 485-4100

Purpose: 127 units. Owned and managed by a Public Housing Authority; all rents at this property are based on tenant incomes.

Riverview Heights Apartments

Address: 174 Willow Dr., Republic, MI 49879

Phone: (906) 786-4701 or (906) 376-8133

Purpose: Low rent housing with subsidized government low income rates. 32 total units.

Snowberry Heights

Address: 222 S. Fifth St, Marquette, MI 49855

Hours: M-F 8-5

Phone: (906) 228-4160

Website: www.snowberryheights.com

Purpose: An apartment community for those 62 and over, and those handicapped or disabled.

Whetstone Village Apartments

Address: 200 Whetstone Rd., Marquette, MI 49855

Hours: M,T,Th,F 8-12 & 1-5

Phone: (906) 228-3630

Website: www.publichousing.com/details/whetstone_village

Purpose: A family low income housing apartment subsidized by the federal governments HUD (Housing and Urban Development Division). 134 apartments.

Assisted Living

Brookridge Heights

Address: 1901 Division St, Marquette, MI 49855

Phone: (906) 225-4488

Hours: M-F 8-5

Website: www.milestoneretirement.com/senior-living/mi/marquette/brookridge-heights

Purpose: Provides assisted living and memory care housing.

Mill Creek Assisted Living

Address: 1600 Mill Creek, Marquette, MI 49855

Hours: M-F 8-4

Phone: (906) 225-5512

Website: www.millcreekassistedliving.com

Purpose: Provides assisted living and memory care housing.

Teal Lake Assisted Living

Address: 290 W. Water St, Negaunee, MI 49866

Hours: M-F 8-5

Phone: (906) 401-0511

Website: <https://teallakeseniorliving.com/>

Purpose: 38 apartments providing assisted living housing

Nursing Homes

D.J. Jacobetti Home for Veterans

Address: 425 Fisher St., Marquette, MI 49855

Hours: M-F 8-4:30

Phone: (906) 226-3576

Website: <https://www.michiganveterans.com/p/D-J-Jacobetti-Home-for-Veterans>

Eastwood Nursing Home

Address: 900 Maas Street, Negaunee, MI 49866

Hours: M-F 8-4

Phone: (906) 475-7500

Website: <https://eastwoodnc.com/>

The Lighthouse at Ishpeming Health and Rehabilitation Center

Address: 435 Stoneville Road, Ishpeming, MI 49849

Hours: M-F 8-5

Phone: (906) 485-1073

Website: <http://www.lighthouseishpeming.com/>

Marquette County Medical Care Facility

Address: 200 Saginaw Street, Ishpeming, MI 49849

Hours: M-F 9-5

Phone: (906) 485-1061

Website: <https://mqtcmmcf.org/>

Norlite Nursing Center

Address: 701 Homestead Street, Marquette, MI 49855

Hours: M-F 8-4

Phone: (906) 228-9252

Website: <http://norlitenursingcenter.com/>

Adult Foster Care Homes

Child and Family Services of the Upper Peninsula, Inc.

Address: 706 Chippewa Square, Suite 105, Marquette, MI 49855

Phone: (906) 228-4050

Website: <http://www.cfsup.org/>

Upper Peninsula Family Solutions, Inc.

Address: 369 US 41 Hwy. East, Negaunee, MI 49866

Hours: M-F 8-5

Phone: (906) 273-1095

Website: <http://upfs.org/>

Pam's Adult Foster Care Home

Address: 1111 W. Little Shag Lake Road, Gwinn, MI 49841

Phone: (906) 346-6736

Website: <https://www.manta.com/c/mm57sk4/pams-adult-foster-care-home>

Health Services

Health Services

American Cancer Society Resource Center

Address: Upper Peninsula Medical Center 1414 W. Fair Ave.,
Suite 110, Marquette, MI 49855

Hours: Most appointments are made between 8-4:30
Building opens at 7 a.m. and closes at 8 p.m.
Question concerning hours? Call (906)225-3905

Phone: (906) 225-3507

Purpose: American Cancer Society Resource Center will fund and conduct research, share expert information, support patients and spread the word about prevention.

Cancer Care of Marquette County

Address: 700 West Kaye Ave., Marquette, MI 49855

Phone: Dave Poirier (906) 273-0045 : (home phone)

Website <http://www.gincc.org/business/index.php?c=2709>

Purpose: Extends a helping hand to cancer patients throughout Marquette County who need financial assistance. Formerly the Ishpeming Cancer Society, Cancer Care of Marquette County provides financial assistance and agency referrals for any resident of Marquette County. An all-volunteer organization with over 99% of funds used for patient care.

Marquette County Health Department

Address: 184 US Highway 41 East, Negaunee, MI 49866

Hours: M-F 8-5

Phone: (906) 475-7848

Website: www.mqthealth.org

Purpose: Enriching lives in our community by preventing disease, promoting healthy lifestyles, and protecting the environment.

Assistive/Adaptive & Medical Equipment

Home Injury Control Program

Purpose: Provides limited funding for a variety of equipment to prevent injury in the home. The program is managed by UPCAP, Marquette County and the Senior Centers. Contact your senior center about equipment and installation guidelines.

Several agencies in the county and others which serve residents of Marquette County from out of the Upper Peninsula have loan closets for medical and safety equipment and some also have incontinence supplies. Contact them directly for information about available equipment.

Forsyth Township Senior Center

Phone: (906) 346-9862

Ishpeming Senior Center

Phone: (906) 485-5527

Negaunee Senior Center

Phone: (906) 475-6266

The Center does not have an in-center loan closet; staff can provide referrals to volunteer organizations with loan closets for residents of their service area.

St. Vincent de Paul Society

Gwinn

Phone: (906) 346-5610

Marquette

Phone: (906) 226-3721

Republic

Phone: (906) 376-2276

Salvation Army – Ishpeming**Phone:** (906) 486-8127**ALS Association – Michigan Chapter****Phone:** (616) 459-1900**Website:** <http://www.fightals@alsa-michigan.org>**Purpose:** Provides medical equipment and communication devices.**Muscular Dystrophy Association****Phone:** 1-920-499-4571**Website:** <http://www.greenbay@mdausa.org>**Purpose:** Provides assistive and medical equipment to any person with one of 43 neuromuscular diseases.**Superior Alliance for Independent Living****Phone:** (906) 228-5744 or 1-800-379-7245**Email:** TanyaJ@upsail.org**Website:** <http://www.upsail.org>**Purpose:** Provides assisted technology equipment for short-term loan: magnifiers, amplifiers, alarms, TV headphones. If the equipment works for a person, SAIL assists in finding places for purchase. Adaptive bicycles and kayaks are available for use.

Some pharmacies and home health agencies provide home equipment on a limited basis. Contact your home health provider or local pharmacy for information on availability.

Hospitals

To access specific areas of medical care, contact the information or intake service at your hospital or physician office.

U.P. Health System-Bell**Address:** 901 Lakeshore Drive, Ishpeming, MI 49849**Hours:** 24-hour care**Phone:** (906) 486-4431**Website:** <https://www.bellhospital.org>

U.P. Health System-Marquette

Address: 850 W. Baraga Ave., Marquette, MI 49855

Hours: 24 hours

Phone: (906) 449-3000

Website: <http://www.mgh.org/>

Hospice & Home Health

Lake Superior Life Care & Hospice

Address: 914 W. Baraga Avenue, Marquette, MI 49855

Hours: M-F: 8-4:30/On call 24/7

Phone: (906) 225-7760

Website: www.LakeSuperiorHospice.org

Purpose: To be the organization of choice with a commitment to provide respected, caring, responsible and compassionate services within the continuum of medical care in the communities we serve.

Hospice Services: For patients with a life-threatening illness no longer pursuing aggressive treatment or curative options.

Transitions and Journeys: For individuals living with chronic disease, challenging health issues or recent changes in health status.

Grief Services: Open to the community; monthly support groups offered– no connection to hospice required.

In-home Respite: The program is designed to give caregivers a break while providing in-home support and companionship to a loved one. Hours are variable based on needs and availability.

Trillium House

Address: 1144 Northland Drive, Marquette, MI 49855

Phone: (906) 264-5026

E-mail: info@trilliumhospicehouse.org

Purpose: A residence for individuals during their final weeks and months while under the care of hospice. Short-term respite care (3-7 days) is also provided for non-hospice patients when rooms are available.

Upper Peninsula Health Systems Home Health

Address: 722 W. Washington, Suite A

Phone: (906) 228-4325

Website: <http://www.lhcgroup.com>

Purpose: Provide skilled home care services of nursing, PT, OT, and personal care. Accepts a variety of payors.

Upper Peninsula Home Health & Hospice

Address: 1125 W. Ridge Street, Marquette, MI 49855

Hours: M-F: 8-5:30

Phone: (906) 225-4545

Website: <https://uphomehealth.org>

Purpose: Serves individuals throughout Marquette County with health care needs such as, but not limited to, pre/post-surgery, acute or chronic illnesses, or a life-limiting diagnosis. Our focus is on exceptional quality care and we maintain a philosophical approach to care that focuses on empowering to live life to the fullest. This philosophy is the drive for us to provide home health, hospice, and private duty.

Mental Health

Great Lakes Recovery Centers-Adult Residential Services

Address: 241 Wright Street, Marquette, MI 49855

Hours: M-F: 9-5

Phone: (906) 228-7611

Website: <https://www.greatlakesrecovery.org/>

Purpose: To empower recovery through hope and change. Helping create healthy communities, one person at a time.

Great Lakes Recovery Centers-Marquette Outpatient Services

Address: 1009 W. Ridge Street, Marquette, MI 49855

Hours: M-Th: 8:30-5 Friday: 9-4:30

Phone: (906) 228-9696

Website: <https://www.greatlakesrecovery.org/>

Purpose: To empower recovery through hope and change. Helping create healthy communities, one person at a time.

Pathways Community Mental health

Address: 200 W. Spring Street, Marquette, MI 49855

Hours: M-F: 8-5

Phone: (906) 225-1181

Website: <https://pathwaysup.org/>

Purpose: Serve and empower children and adults with severe mental illnesses, severe emotional disturbances, or developmental disabilities to enhance their quality of life.

Fitness & Wellness

NMU Senior Citizen Program

Address: 1401 Presque Isle Ave, Marquette, MI 49855

Phone: (906) 227-2110

Website: <https://pathwaysup.org/>

Purpose: Senior citizen courses include “senior swim”, a course in water that enhances flexibility and cardiovascular and muscular endurance. “Senior Exercise”, includes gentle stretching, muscle toning and aerobic exercises led by a professional group leader.

YMCA of Marquette County

Address: 1420 Pine Street, Marquette, MI 49855

Hours: M-F: 5-9, Sat: 7-5, Sun: 10-5

Phone: (906) 227-9622

Website: <http://www.ymcamqt.org/index.php>

Purpose: At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

The Senior Centers offer a variety of fitness & wellness programs. Contact your local senior center for the programs it offers.

Rehabilitation

There are rehabilitation and physical therapy centers throughout the county offering physical therapy, occupational therapy and other services. Your physician can refer you to a center.

Veterans' Services

Veterans' Services

Door-to-Door Medical Transportation Service

Phone: (906) 373-6191 to schedule service/volunteer as a driver.

Purpose: To provide medical transportation for veterans who are unable to drive themselves to an appointment due to illness, age, weather or lack of other transportation. The service is sponsored by the Disabled American Veterans Chapter 22 of Marquette County, the Veterans Administration, the Michigan Veterans Affairs Agency and Marquette County.

D.J. Jacobetti Home for Veterans

Address: 425 Fisher Street, Marquette, MI 49855

Phone: (906) 226-3576

Website: <https://www.michiganveterans.com/p/D-J-Jacobetti-Home-for-Veterans>

Gwinn VFW Auxiliary Post 5670

Address: 54 N. Mitchell Street, Gwinn, MI 49841

Phone: (906) 346-5670

Purpose: Creating new ways to keep the community involved and informed on how together we can help improve the lives of veterans and their families.

Marquette County Department of Veteran Affairs

Address: 215 West Hematite, Ishpeming, MI, 49849

Hours: M-F 9-12 and 1-4

Phone: (906) 485-1781 or (906) 485-1996

E-mail: csalo@mqtco.org

Website: https://www.co.marquette.mi.us/departments/department_of_veterans_affairs/index.php#.XWgXxihKhPY

V.A. Roma VFW Post 3165-Negaunee

Address: 208 Gold St, Negaunee, MI 49866

Hours: M-Sat: 3-11

Phone: (906) 475-9183

E-mail: negvfw3165@aol.com

Purpose: An organization dedicated to “Honor the Dead, by Helping the Living”.

VFW Post 4573-Ishpeming

Address: 310 Bank St, Ishpeming, MI 49849

Phone: (906) 486-4856

Purpose: To foster camaraderie among United States Veterans of overseas conflicts. To serve our veterans, the military and our communities and to advocate on behalf of all veterans. To ensure that veterans are respected for their service, always receive their earned entitlements, and are recognized for the sacrifices they and their loved ones have made on behalf of this great country.

Regional Veteran Navigator for the Upper Peninsula

Jason Wallner

Phone: (906) 251-1436. (Omit 906 if calling in U.P.)

E-mail: wallnerj@northcarenetwork.org

Website: veterannavigator@north-carenetwork.org or

[https://www.michigan.gov/mdhhs/0,5885,7-339-](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_93573-501026--,00.html)

[71550_2941_93573-501026--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2941_93573-501026--,00.html)

Purpose: The Veteran Navigator serves all 15 U.P. Counties and is available to assist veteran and military members and their families. Focused on assisting with access to mental health and substance abuse care, treatment and recovery.

U.P. Vets Served

Address: 1200 Wright St., Suite A, Marquette, MI 49855

Hours: M-F 8:30-4:30

Phone: (906) 228-5744

Email: upvetsserved@upsail.com

Website: <http://www.upsail.org/>

Purpose: A program for military members, veterans and their families with free monthly events and excursions. Operated by SAIL (Superior Access for Independent Living).

Legal Services

Legal Services

Elder Law of Michigan

Phone: 1-866-400-9164

Purpose: Provides information on accessing potential pension benefits from past employers and, through the MI-CAFÉ service, conducts screening to ascertain eligibility for a variety of other benefits. Serves all of Michigan.

Legal Services of Northern Michigan, Inc.

Address: 112 W. Washington Street, Suite 1, Marquette, MI 49855

Hours: M-F 8-4

Phone: (906) 228-5620 1-888-228-5590

Purpose: Free legal assistance and representation to those age 60 and over. Special attention to seniors who are low-income or handicapped; users can contribute so others can benefit. LSNM provides a full range of legal services in many areas of civil law. Consultation by appointment only.

Marquette County Probate Court

Address: Courthouse Annex, 243 Baraga Ave., Marquette, MI

Hours: M-F 8-5

Phone: (906) 225-8300

Purpose: Provides general information about estates, guardianships, competency proceedings, petitions for mental health treatment, name changes and adoptions.

Employment

Employment

Senior citizens can be placed in a variety of paying positions within non-profit agencies. There are some income guidelines.

Goodwill Industries

Address: 201 Rublein, Marquette, MI 49855

Phone: (906) 273-1830

Senior Community Service Employment Program

Through AARP Foundation (Formerly known as Green Thumb & Experience Works)

Address: 1310 S. Front St., Marquette, MI 49855

Phone: (906) 273-2460

Purpose: Offers paid training for qualifying low-income persons aged 55 and older who are Marquette County residents, unemployed and seeking employment. Job seekers are placed in a wide variety of community service activities at nonprofit and public facilities like day care centers, senior centers, schools and hospitals.

Things to Do and Places to Go

Things To Do & Places To Go

Libraries

Forsyth Twp. Public Library

Address: 184 W. Flint St, Gwinn, MI 49841

Hours: M & W: 10-7; T, Th, F: 10-5; Sat: 10-1

Phone: (906) 346-3433

Ishpeming Carnegie Public Library

Address: 317 N. Main St, Ishpeming, MI 49849

Hours: T & F: 9-5; W & Th: 9-7; Sat: 10-4

Phone: (906) 486-4381

Negaunee City Library

Address: 319 W. Case St, Negaunee, MI 49866

Hours: M-W: 10-7; Th: 10-6; F: 10-5; Sat: 9-12

Phone: (906) 475-7400 ext. 18

Peter White Public Library

Address: 217 N. Front St, Marquette, MI 49855

Hours: M-Th: 10AM-9PM; F: 10-6; Sat: 10-5

Phone: (906) 228-9510

Website: www.uproc.lib.mi.us/pwplinfo/

Historical Societies & Museums

Beaumier Upper Peninsula NMU Heritage Center

Address: Corner of 7th street and Tracy Avenue, NMU Campus

Hours: M-F: 10-4 Sat: 11-4

Phone: (906) 227-1219

Purpose: Exhibitions on various aspects of U.P. culture and history

Website: www.nmu.edu/beaumier

Cliff Shaft Mine Museum

Address: 501 W. Euclid St, Ishpeming, MI 49849

Hours: Saturday 10-4

Phone: (906) 485-1882

Purpose: Historical grounds, mining artifacts, and mineral displays.

Ishpeming Area Historical Society - Exhibits & artifacts

Address: Gossard Bldg. #303 308 Cleveland Ave. Ishpeming, MI

Hours: M & Th: 10-4

Phone: (906) 225-4404

KI Sawyer Heritage Air Museum

Address: 402 3rd St. Gwinn, MI 49841

Hours: Wednesday through Sunday 1-5

Phone: (906) 362-3531

Website: <http://kishamuseum.org>

Purpose: Preserves and protects aviation history.

Marquette Maritime Museum

Address: 300 Lakeshore Blvd. Marquette, MI 49855

Hours: Tuesday through Sunday 11-4 in season

Phone: (906) 226-2006

Website: www.mqtmaritimemuseum.com

Purpose: To preserve and protect the maritime history of Marquette, Lake Superior, and the Great Lakes and remember the exploits of our submarine veterans. Tours of the Marquette Lighthouse are offered on selected dates.

Marquette Regional History Center

Address: 145 W Spring Street, Marquette, MI 49855

Hours: M & T: 10-5; W: 10-8; Th & F: 10-5; Sat: 10-3

Phone: (906) 226-3571

Website: <http://www.marquettehistory.org>

Purpose: Preservation of the cultural and physical history of our area brings an understanding to the past and present and provides a guide for the future. The Center maintains exhibits, artifacts and a research library and is a forum for engaging the community and creating links between people.

Michigamme Museum

Address: 110 W. Main St. Michigamme, MI 49861

Hours: Daily, 12:00 to 5:00

Phone: (906) 323-6603

Purpose: A collection of 135 years of history including the 1959 video of the filming of Anatomy of a Murder.

Michigan Iron Industry Museum

Address: 73 Forge Road, Negaunee, MI 49866

Hours: Daily 9:30-4:00

Phone: (906) 475-7857

Purpose: Site of the first iron forge in the region. Interactive exhibits, AV programs, outdoor interpretive path.

Negaunee Historical Society

Address: 303 E. Main Street, Negaunee, MI 49866

Hours: M-Sat 10-4 Memorial Day to Labor Day

Phone: (906) 475-4614

E-mail: negauneehistorical@att.net

Website: <http://www.negauneehistory.org>

Purpose: We cannot know where we are going, if we don't know where we've been. History matters because it often repeats itself. It preserves our heritage for all - here and in the future.

Ski Hall of Fame and Museum

Address: 610 Palms Ave, Ishpeming, MI 49849

Hours: M through Saturday: 10-5

Phone: (906) 485-6323

Website: <https://www.skihall.com>

Purpose: The U.S. Ski & Snowboard Hall of Fame and Museum is in the City of Ishpeming in the Upper Peninsula of Michigan, the birthplace of organized skiing in the United States It is home to an extensive collection of artifacts and archives relating to the history of skiing.

Thrift Stores

Thrift stores are located in several Marquette County areas. With the exception of The New Free Store, items at thrift stores are for sale.

Goodwill Store

Address: 3125 US-41, Marquette, MI 49855

Phone: (906) 226-2444

Pak Ratz Resale Shop – A program of the Women’s Center

Address: 1310 S. Front St, Marquette, MI 49855

Phone: (906) 225-1103

Salvation Army (Marquette)

Address: 1009 W Baraga Ave, Marquette, MI 49855

Phone: (906) 228-2930 For donation pickup: 1-800-728-7823

Silver Creek Thrift

Address: 219 Silver Creek Rd, Marquette, MI 49855

Phone: (906) 273-2473

St. Vincent DePaul-Gwinn

Address: 111 N Pine St, Gwinn, MI 49841

Hours: M-F: 9-4:45 Sat: 10-2:45

Phone: (906) 346-5610

St. Vincent DePaul-Ishpeming

Address: 322 Cleveland Ave, Ishpeming, MI 49849

Hours: M through Sat: 10 – 4:45

Phone: (906) 486-4237

St. Vincent DePaul-Marquette

Address: 2119 Presque Isle Ave, Marquette, MI 49855

Hours: M through Sat: 9-4:45

Phone: (906) 226-3721

St. Vincent De Paul – Republic

Address: 317 Kloman Avenue, P.O. Box 445, Republic MI 49879

Hours: W through Sat: 10- 2

Phone: (906) 376-2276

The New Free Store

Address: 1420 Hwy M-28 East, Marquette, MI 49855

Hours: 1st 3 Wednesdays of month 12- 4; 4th Monday 6-8 pm

Additional donation hours: Tuesdays 11-3

Phone: (906) 362-3733

Victory Lutheran Church Thrift Store

Address: 4417 Eagle K I Sawyer, MI 49841

Hours: M-F: 12-4

Phone: (906) 346-6326

Other

Iron Ore Heritage Trail

Address: 102 W. Washington #232, Marquette, MI 49855

Hours: M-F 8-5

Phone: (906) 235-2923

Email ironoreheritage@gmail.com

Website: www.ironoreheritage.com

Purpose: A 47-mile multi-use year-round interpretive trail system for walking and biking from Marquette to Republic. Maps available.

Moosewood Nature Center

Address: Shiras Pool Building at Presque Isle, Marquette, MI 49855

Mailing Address: P.O. Box 773 Marquette, MI 49855

Hours: Sat & Sun 12-4 or by appointment.

Closed on major holidays. Call for additional details.

Phone: (906) 228-6250

E-mail: moosewoodnc@gmail.com

Purpose: An independent, non-profit organization supported by memberships, donations and grants. The mission is to celebrate nature through education and action in the Upper Peninsula.

Northern Center for Lifelong Learning (NCLL)

Address: 406 Cohodas Hall, 1401 Presque Isle Ave, NMU, Marquette, MI 49855

Hours: T & F 9-1; M-F 8-5 when NMU in session

Phone: (906) 227-2979

Email: NCLL@nmu.edu

Website: www.nmu.edu/ncll

Purpose: NCLL is an all-volunteer organization by and for seniors interested in pursuing intellectual, recreational or social activities.

Open to adults of all ages; membership is not needed to attend classes, presentations or events.

Upper Peninsula Animal Welfare Shelter (UPAWS)

Address: 815 S. State Hwy. M553, Gwinn, MI 49841

P.O. Box 968, Marquette, MI 49855

Hours: Every day 12-4 Thursday: 12-6:30

Phone: (906) 475-6661

Purpose: A no-kill animal welfare and adoption center, includes public educational opportunities. Grounds include a fenced dog park. Members of the public are welcome to visit during open hours.

Additional Information

There are public parks and recreation areas several communities in Marquette County. Some well-known parks are Presque Isle, Tourist, Harlow, Lower Harbor, Lambros and Shiras (Marquette); Al Quall Park (Ishpeming); Miners' Park (Negaunee) and Nordeen Park (Gwinn). Marquette County operates Sugarloaf Mountain and Perkins Park. The Michigan Department of Natural Resources oversees Van Riper State Park, the Little Presque Isle, Wetmore Landing and Harlow Lake areas, many rustic campgrounds and boat launches and the Marquette State Fish Hatchery in Harvey, MI. Many townships also operate parks, campgrounds, picnic and swimming areas. Contact the local parks and recreation department or the township office for information.