

Main Office  
184 U.S. 41 East,  
Negaunee, MI 49866  
[www.mqthealth.org](http://www.mqthealth.org)



## PRESS RELEASE

TO: Marquette County Media  
FROM: Laura Fredrickson, HIV/AIDS Coordinator  
DATE: 5/31/18  
SUBJECT: National HIV Testing Day

June 27, 2018 is National HIV Testing Day. People nationwide are encouraged to learn their HIV status. The Centers for Disease Control and Prevention (CDC) recommends that everyone between the ages of 13 and 64 get tested for HIV at least once as part of routine health care. People with certain risk factors should be tested more often.

National HIV Testing Day was held for the first time in 1995 and has continued every year since. According to the CDC, about one in seven people in the United States who are infected with HIV do not know they have it. Knowing one's HIV status provides powerful information. People who test positive for HIV can take medicines to keep them healthy and to greatly reduce their chance of passing HIV to others. The only way to know for sure if someone has HIV is to be tested.

The Marquette County Health Department offers free and confidential or anonymous HIV testing. The test is done by poking the finger and collecting a blood sample. The results are available in 20 minutes.

For more information or to schedule an appointment, please call Laura Fredrickson, HIV Coordinator at (906) 475-7651.