

**Marquette County Aging Services  
Advisory Committee Meeting**

**September 11, 2018 - 10:30 a.m.  
Meeting held at the Marquette County Aging Services**

**MINUTES**

1. **Roll Call - Present:** Darlene Allen (Secretary), Angelo Bosio, Lynn Emerick (Vice), Joan Haara, Don Kristola (Chair), Edith Prosen, Lynn Stahman, & Sue Vercoe. **Excused:** Stephen Adamini

Also present: Renee Anderton, Lori Stephens-Brown, Kristy Basolo-Malmsten, Elyse Bertucci, Kathy DeMarinis, Jane Palmer, Julie Shaw, Cathy St. John, and Brian Veale.

2. Approval of Minutes. Angelo Bosio moved to approve the minutes and Lynn Stahlmann seconded the motion, motion passed.
3. Additions/Corrections to the Agenda: Lynn Emerick discussed the annual report to the county board & what will be in this report. A motion was made by Lynn Stahlmann and seconded by Joan Haara to accept, motion passed
4. Presentation from Renee Anderton, UPHP, on Advanced Care Planning, which outlined this process. Future health care professionals would like to have on going conversations with their patients and possible future patients on this topic so decisions are made before a crisis occurs. This helps the individual identify what is important to them in making these decisions to avoid any conflict and their wishes are met. These decision can be made, changed and updated according to the individual's wishes. UPHP has an Advanced Care Planning team with a facilitator to help complete this process free of charge.  
Discussion of Advanced Care Directives, Patient Advocate and the criteria necessary. Lynn Emerick inquired on the facilitator and is training required and also noted that these forms are available on line, physician's offices, hospitals, and does not need a facilitator to complete these forms. Renee discussed their process and the training involved for a facilitator is a 1 day course.

5. Old Business

- a. Homemaking oral reports by service providers:

CAAM-Lori Stephens-Brown: Lori Stephens-Brown discussed the Meals on Wheels Program, which delivers hot nutritious meals to seniors in Marquette County. The millage funds only covers the Marquette County area. Drivers are trained when delivering meals to clients to do a wellness check that may need to be followed up with an assessment. Eligible participants need to be 60 or older, home bound and in need of a meal. Services are available with referrals coming from seniors, family, and senior centers. A phone conversation takes place to help determine the client's needs along with a follow up and home assessment. Open invite to anyone interested in going on a meal run, just call and set up a time to ride with us.

Challenges we face are adequate funding, in which we become creative to keep services going. Underserved is a challenge also, as not everyone gets 5 meals.

Lake Superior Ault Day Services-Cathy St. John: Cathy St. John is the co-coordinator for LS Adult Day Services in Marquette; they are available Monday, Tuesday, & Thursday 11-4. This program consists of a variety of needs taking care of Alzheimer, dementia, & memory loss clients allowing the caregivers to take a break for up to 15 hours a week. To be eligible all you need is a diagnosis for Alzheimer, dementia, & memory loss. An assessment on the client is necessary as we need to submit that information to UPCAP our funding source. We provide memory games, music speakers, arts & crafts, along with once a month we provide a community outing. Marq-Tran provides transportation to and from their program. UPCAP Services are their major funding source, we also have a few fundraisers along with self-pay.

The biggest challenge we face is we now have 14 people in our program and a 15-16 maximum capacity due to the ratio of employees versus clients. Transportation is also a challenge as we can only have a client on a bus for a certain amount of time. Attempting to get a client into our program from the outside area, such as Gwinn is difficult. We also rent a room at the Messiah Lutheran Church to provide these services, which we pay from our fundraisers & UPCAP funding source.

RSVP- Julie Shaw: Julie Shaw discussed the RSVP Transportation Non- Medical Emergency Program. This program was set up to be a last resort for transportation, however at times they seem to be calling us first. A few other transportation programs have surfaced and they offer a competitive mileage rate as some of our volunteers have mentioned. The current mileage re-imbusement rate for RSVP is .40 cents/mile and this is something we may to look at increasing this rate. RSVP Volunteers have been wonderful providing an average of 120 rides per month. Although mileage has been brought up recently, not all volunteers claim their mileage. We have a good group of volunteers who often adjust their schedule to meet the needs of the transport.

One of the challenges this program faces is dealing with the constant schedule changes of doctors, clients, and cancellations. Marq-Tran is an alternative option for transporting however they require a 10 day notice for a door to door transport.

- b. Aging Service Directory Update-Lynn: Lynn Emerick stated the services centers reported back on looking at a draft and we will report back again next month.
- c. UCAP FY2019 Annual Implementation Plan for Services to the Elderly of the Upper Peninsula. Darlene Allen spoke briefly on the information in this handout that was distributed to all board members. Darlene commented on meeting in October to discuss what should be reported to the county board and to let them know the needs & challenges of the MCAS. Lynn Emerick agreed that the need to get together to talk

about items that need to be covered, brief overview, and a report since this is the first time they will make a presentation to the county board.

6. New Business: none
7. Public Comment: none
8. Service Provider Comment:

CAAM: Lori Stephens- Brown is hoping for legislation to raise the minimum wage to \$12.00/hr. in hopes of hiring more workers.

Negaunee Senior Center: Kristy Basolo-Malmsten's mentioned the UPCAP audits and the improvements that their center has made. Their center is hiring and in the need of homemakers & chore-workers.

Forsyth Senior Center: They are finishing up the garden for this season. Brian Veale mentioned that they have a variety of presentations coming up at their center. Trooper Stacy Rasanen will be given a 6 week presentation at their center for the Michigan State Police Citizen Academy.

Marquette Senior Center: Jane also commented they are gearing up for open enrollment starting in October. They are partnering with the health clinic in October for the flu shots.

Ishpeming Senior Center: Elyse Bertucci mention they are also partnering with the health clinic for the flu shots also. Open enrolment is starting in October and keeping us busy.

Marquette County Aging Services & RSVP: Julie Shaw, Director for the MCAS & RSVP programs discussed the transportation needs. RSVP provides transports to the 4 senior centers, Snowberry Heights, Lost Creek, & covering Marquette County.

9. Committee Comments: Joan Haara mentioned the focus appears to be on transportation and we will need a discussion in reference to this when meeting with the board.
10. Meeting Adjourned at 11:49